

Dear parents,

schools are closed because of the corona virus. This is for safety reasons for all people. We hope that people don't get sick all at the same time.

But we don't have school holidays now. Your children have to continue learning. This is very important for your children!

Teachers have given you exercises.

Please take care that your children do these exercises.

Sometimes they have given you work sheets or they send you emails or they give you a download link (LernSax). But there are also problems, because too many try to reach this website at the same time. If so, please try again later.

Maybe there are many exercises. Your children don't have to do them in one day.

Please help your children to structure the exercises. The best way is to learn a little bit every day.

If you have questions, please call the school. There must be someone to answer the phone in school.

You can also get advice in your usual migration counseling office (Caritas, AWO, ASB, Diakonie).

Your children should as well have free time and go outside sometimes.

But it is also very important that all people minimize their social contacts to others so the virus does not spread very fast.

If you can, try to stay at home as much as possible.

Maybe a schedule can help you?

For example:

8:00 breakfast

9:00 doing exercises or go for a short walk

11:00 go for a short walk or doing exercises

12:00 lunchtime

13:00 break, reading or watching TV

14:00 doing exercises or go for a short walk

15:00 playing, painting, ...

...

Make your own schedule or ask your children to make one!